



Everything you need to know about applying to be an instructor on the Youth MHFA instructor training programme

## Applying to be a Youth MHFA instructor

### Essential criteria

Ability to give the time commitment to the training, approval and deliver the Youth MHFA course  
Understanding of issues that affect young people  
Personal and/or professional experiences in mental health including relevant qualifications  
Experience of delivering training/teaching effectively  
Knowledge of the range of mental health services in England  
Experience of effectively networking  
Good interpersonal and communication skills  
Good knowledge about mental health problems  
Positive attitudes towards people with mental health problems  
Enthusiastic approach to reducing stigma associated with mental ill health  
Relevant IT skills

### Desirable criteria

Training/teaching qualifications, e.g. PTLLS (Preparing to Teach in the Lifelong Learning Sector)  
CRB checked

To apply, please complete and send the following documents to [info@mhfaengland.org](mailto:info@mhfaengland.org)

- \_ Youth MHFA instructor application form
- \_ Letter of support (if your place is being funded by your organisation)
- \_ Two references (if you're funding the place yourself)

### Instructor application form

Please complete all parts of the form and answer all questions as fully and accurately as possible demonstrating the above criteria. Please expand your answers on a separate piece of paper if necessary. Please do not send a CV as these will not be considered.

### Letter of support

Those who are applying to be trained as a Youth MHFA instructor as part of their professional remit (and are getting financial support from their organisation) need to include a letter of support from their line manager with their application. The letter should confirm that the line manager understands and approves the money and time commitment that will be needed to undertake Youth MHFA training.

### Reference letter

If you are self-funding, please provide two referees who will support your application.

### Application process

- \_ Application is received by MHFA England and sent for approval
- \_ Applicant may need to re-do parts of the form if necessary
- \_ Once approved, places on the instructor training programme are offered on a first come, first served basis
- \_ Applicant must accept the place in writing
- \_ Invoice is issued for £1,900 + VAT prior to the start of the training programme